

thePost

Vol. 81, No. 44

November 3, 2006

NEWSNOTES

Checkpoints to close temporarily for upgrades

Fort Dix checkpoints are undergoing security upgrades, and each will be closed temporarily while the work is accomplished.

- The Wrightstown Checkpoint will be closed through Sunday, Nov. 5.

- The Main Gate on Route 68 will be closed for five days beginning Monday, Nov. 6.

Residents and employees should allow extra time when entering post, as access may slow due to traffic volume.

Topic requests sought for Town Hall sessions

The Plans, Analysis and Integration Office is seeking suggestions for topics of interest to the workforce and tenant senior leaders for the December Town Hall meetings. Specific topic suggestions may be e-mailed to andrea.mixon@dix.army.mil no later than Nov. 10.

Doyle Cemetery in need of volunteers

Doyle Cemetery is enlisting the support of community volunteers. Scouting groups, veteran service organizations, youth groups and other interested individuals for outreach and education. Interested parties should call retired Marine Corps 1st Sgt. Iven C. Dumas, assistant superintendent, at 758-7250, extension 17, or send e-mail to Iven.Dumas@njdnj.mil.

Veterans Day ceremony set Nov. 9

Fort Dix will host a special Retreat Ceremony in honor of Veterans' Day to be held in front of Wurman Hall Thursday, Nov. 9 at 5 p.m. All military and civilians on the installation are encouraged to attend this brief recognition of those who have served their nation.

Info sessions booked for new personnel system

National Security Personnel System Town Hall briefings will be held Nov. 16 at 3 p.m. and Nov. 17 at 9 a.m. at Timmermann Center. The updates on the new system and its implementation will be presented by Jack Venz, US Army Reserve Command NSPS training coordinator, and David Simms, Resource Management Directorate, USARC. All employees are strongly encouraged to attend, as this new system will affect everyone.

Pemberton Board of Education to meet

The Pemberton Township Board of Education will hold a Public Session of the Board Nov. 16 at 7 p.m. in the Pemberton High School Auditorium.

WEATHER

FRIDAY -- Clear and sunny, mild breezes, high of 48 and overnight low of 28 degrees.

SATURDAY -- Sunny and continued cool, high of 49 and low of 30.

SUNDAY -- Partly cloudy, slight chance of showers, high of 50 and overnight low of 33 degrees.

MONDAY -- Partly cloudy, breezy, high of 57 degrees and low of 36.

TUESDAY -- Warmer with rain, high of 60 and overnight low of 40 degrees.

WEDNESDAY -- Morning showers, clear in afternoon, high of 60 degrees and low of 43.

THURSDAY -- Mostly clear skies, high 69 degrees and overnight low of 48.

International conference shares plans to support warfighters

Donna Miles
American Forces Press Service

WASHINGTON, Nov. 1, 2006 -- An international conference under way in Athens is tapping into the best minds from 35 U.S. allies and partners to come up with better ways to work cooperatively to support current and future warfighter needs.

The Concept Development and Experimentation Conference that wrapped up today brought together representatives of NATO, the alliance's Partnership for Peace initiative, the Mediterranean Dialog and other nations interested in working with them. German Brig. Gen. Ernst Berk, deputy chief of NATO's Allied Command Transformation, told reporters by teleconference from Athens today.

The conference, co-sponsored by U.S. Joint Forces Command and NATO's Allied Command Transformation, focused on many of the high-priority issues U.S. combatant commanders have already asked JFCOM to prioritize, said Dave Ozolek, executive director of the command's Joint Futures Lab.

These include ideas and initiatives on how to build partner capacity to relieve stress on U.S. forces, improve interagency capabilities, operate more effectively in urban operations, and boost joint and coalition logistical capabilities, he said.

Tomorrow, a smaller group of conference participants will begin exploring how these and other big-picture issues discussed during the two-day conference can be incorporated into Multinational Experiment 5, Ozolek said.

That experiment, currently scheduled for 2008, is expected to build on lessons learned earlier this year during Multinational Experiment 4, the most recent in a series of international experiments designed to promote interagency and intergovernmental cooperation.

This week's conference offered an important forum for nations to exchange views and explore ways to work together more cooperatively, Berk said.

It also helped identify unnecessary duplication that, if addressed, can help stretch existing resources.

The discussions offered "very important, direct and indirect benefits to the United States" and particularly to forces involved in current operations, Ozolek said.

He noted that concepts discussed during the 2005 conference in Berlin and tested during Multinational Experiment 4 already are being applied in the field.

Among those using them is NATO's International Security Assistance Force in Afghanistan.

(continued on page 3)



Ed Mingin

No bones about it -- Installation Run draws crowd

Staff Sgt. Alejandro Tomlinson, Alpha Company, Mobilization Readiness Battalion, stretches his weary bones in preparation for the Halloween morning Installation Run. Many runners displayed their holiday spirit by showing up for the event in costume. For more photos of the fall festivities on post, see page 12.

Army tackles accidents online



ordered that all IMCOM lieutenants, certain warrant officers, and Soldiers below the rank of master sergeant use ASMSIS-2 to plan trips that exceed 75 miles in distance.

"Use of ASMSIS-2 is one element of our continued effort to build a culture that incorporates safety into all aspects

POV accidents -- two as drivers and two as passengers. While any loss of life due to POV accidents is unacceptable, this number compares favorably with the 46,000 civilians who lost their lives on the nation's highways this past year. "We no longer look at safety from a compliance perspective," explained Brig. Gen. Joseph A. Smith, former USACRC commander. "In the past, people were simply 'following the rules' or a checklist as opposed to discovering what risks are out there, developing solutions and measuring the solutions to see if they are doing better."

"I believe that we have moved from simply looking at compliance and safety to a culture that looks at managing risk," he continued. "So we aren't teaching Soldiers what to think -- we are teaching them how to think so they can manage risk."

Managing risk is simple when using ASMSIS-2. The tool can be accessed on the Web at <http://www.crc.army>

(continued on page 4)

Visit Fort Dix on the Internet at <http://www.dix.army.mil>

americana

Voting, like politics, can be fun

Steve Snyder
Public Affairs Staff

Who says politics is boring? Our lives, fortunes and maybe even our sacred honor are at stake next Tuesday when 33 U.S. Senate races come on the line. Democrats defending 18 and Republicans 15; all 435 House of Representative seats are contested with Democrats needing to pick up just 15 to take control of the House. And 36 governorships will be decided, Democrats defending 14 seats and Republicans 22.

Contrary to pious boos pontificating otherwise, the dirtier politics becomes the more entertaining it is. And mudslinging this year has been a crowd pleaser. Give 'em hell.



www.concentric.net

MR. CONSERVATIVE -- Supporters loved Barry Goldwater best for the enemies he made: liberals, commies, and anybody else from the Eastern Establishment. Goldwater was a five-term U.S. Senator from Arizona (1953-1965, 1969-87) and won his party's nomination for President in the disastrous 1964 campaign wherein his foot seldom left his mouth. Barry was clobbered. But his supporters regenerated the conservative tide which ushered in the Reagan era in the 1980s. And Goldwater was the godfather of the movement.



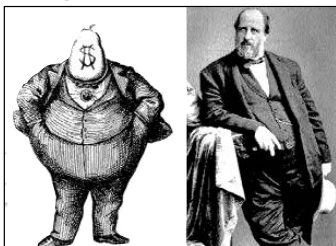
ap.grolier.com

ROCK OF AGES -- Nelson Rockefeller was Governor of New York from 1959 to 1973, and led the liberal wing of the Republican Party for years in a futile attempt to gain the White House before finally being appointed Vice President by Gerald Ford for two years before being forced out by conservative protests. Rocky was not only rich but a builder, a hawk on defense and a true patriot. Republican right-wingers never forgave him for his divorce but that sounds like petty stuff, today.



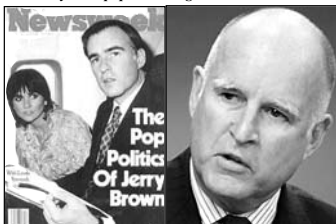
Steve Sartori for the Syracuse University Magazine

VOICE OF REASON -- A Navy officer during World War II, university professor, U.S. ambassador to the United Nations, and four-term U.S. senator from New York (1976-2000), Daniel Patrick Moynihan brought grace and intellect to the Senate, writing more books than most of his colleagues ever read and alerting the nation to crises ranging from race relations to foreign policy. He died in March 2003, feisty and fearless - and patriotic - to the end.



nhs.needham.k12.ma.us/~spoils_system

BIG BOSS MAN -- William M. "Boss" Tweed, lampooned above left and photographed at right, was a politician who ran the infamous Democratic Party political machine in New York City called Tammany Hall around the Civil War era. Elected to the House of Representatives in 1852, Boss Tweed spent more time on the New York City Board of Aldermen and New York State Senate because that's where the graft was. He was convicted and eventually imprisoned for stealing millions of dollars from the city. But as wise guys pointed out, few immigrants starved during his admittedly corrupt political regime.



blog.rsc.com

GHOST FROM THE PAST -- Yep, that's Governor Jerry Brown of California with his girlfriend pop singer Linda Ronstadt on the April 23, 1979 issue of Newsweek, above left. Today Jerry's 68 years old and running for California attorney general in next Tuesday's elections. Currently the mayor of Oakland, Jerry is the son of a former governor of California eventually defeated by Ronald Reagan (Pat Brown), a veteran of nearly four years in Jesuit seminary, a cover boy on Time magazine at 36, served two terms as California's governor (Governor Moonbeam, if you please), ran unsuccessfully for the U.S. Senate once and for president three times, moved to Japan, studied Buddhism, worked with Mother Teresa, hosted his own radio talk show and, last year, even got married. He's an inspiration - even for baby boomers.



www.spartacus.schoolnet.co.uk/JFKrayburn.htm

BOSOM BUDDIES -- Sam Rayburn, left, is bussed by his protege Lyndon Johnson somewhere in Congress. "Mr. Sam," as he was called, served as Speaker of the House of Representatives for 17 years and is widely regarded as more effective in that job than anyone else in U.S. history. Rayburn despised lobbyists, not accepting anything from them and reminding one and all, "I am not for sale." Rayburn was instrumental in Johnson's rise to power in the Senate although the two men differed in many ways.



faculty.washington.edu

REBEL WITH A CAUSE The Rev. Adam Clayton Powell Jr. (1908-1972) was the first African American to become a powerhouse in Congress. He was elected to the U.S. House of Representatives from Harlem in 1945, becoming chair of the Labor and Education Committee in 1961, his tenure there seeing passage of much important social legislation including minimum wage increases, education and training for the deaf, vocational training and standards for wages and work hours as well as aid to elementary and secondary education. In January 1967 the House Democratic Caucus stripped Powell of his committee chairmanship for misappropriating funds before the whole House excluded him. But after he re-won the seat designed to fill his own vacancy, in 1969 the Supreme Court ruled that Powell's exclusion was illegal. He returned.



www.historyplace.com

PRESSING THE FLESH -- Vice-president Spiro T. Agnew campaigns for President Richard Nixon's reelection in September 1972. Agnew was a highly respected governor of Maryland before he became Nixon's embattled VP, forced to resign in 1973 from evidence indicating tax evasion. Lest we forget, though, few matched Agnew's candor or courage in attacking the hate-America crowd during years of turmoil for the nation in the late 1960s. Spiro laced into "nattering nabobs of negativism," the "refete corps of impudent snobs" and "a snivelling, hand-wringing power structure that deserves the violent rebellion it encourages." For many patriots, Spiro was a hero.

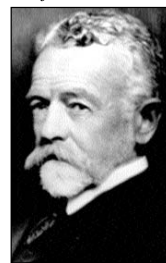


www.suitroyale.com

HIGH ROLLER -- The son of Cajun sharecroppers, Edwin Washington Edwards served as Democratic governor of Louisiana for four terms (1972-80, 1984-88, and 1992-1996). A throwback to colorful pols like Huey Long, Edwards was famous for high living and high stakes gambling. In 2000, he was found guilty on 17 of 26 counts of racketeering and is currently serving a prison term at the federal pen in Oakdale, La. His attitude towards life was perhaps best summed up when he bragged during his 1983 gubernatorial campaign that the only way he could be defeated would be if he were caught in bed with "either a dead girl or a live boy." Nobody ever indicted Edwin Edwards for not having a sense of humor.

YANKEE ARISTOCRAT

Henry Cabot Lodge (1850-1924) was born in Boston and was the first to graduate from Harvard University with a PhD in history. The noted historian served six years in the House of Representatives before jumping to the Senate from 1893-1924. As chairman of the Senate Foreign Relations Committee Lodge led the successful fight to keep the U.S. out of the League of Nations proposed by President Wilson. He feared encumbering alliances.



www.senate.gov/artandhistory

the Post

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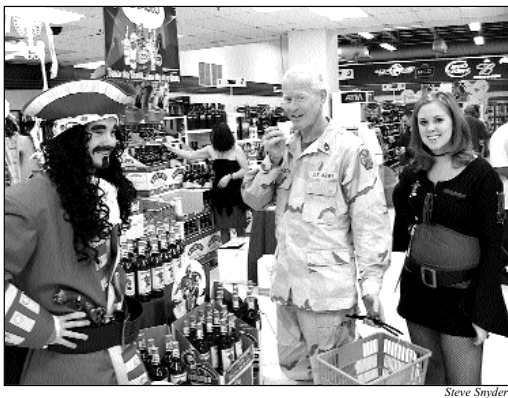
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Savoring pirate fare

Captain Morgan himself (Frank Ewing) entices Master Sgt. Kevin Thompson, MRB operations, to taste a shot of the Captain's Original Spiced Rum as Morganette Niki Baldwin looks on in last Friday's showcase of spirits at the Shopette, part of Class 6 manager Ben Phelps' campaign to provide bracing beverages at reasonable prices to patrons here. In addition to rum, Bailey's Irish Creme and wine sipping rounded out a tasty tringe of samples, two arranged by Jeffrey Stedden from Overseas Service Corporation. If it's Friday it's time to whet taste buds at Fort Dix's Class Six store, dedicated to excellence in customer service.



Steve Snyder



Shawn Morris

Task Force Edison Soldiers welcomed home

Six Soldiers were presented the Welcome Home Warrior award set during a ceremony at Walsen Building Nov. 1 celebrating their homecoming. The Soldiers are, from left, Staff Sgt. Frederick Johnson, Master Sgt. Greg Santana, Sgt. Maj. Ronnie Thomas, Lt. Col. Robert Kerecz, Lt. Col. Stephen Davis and Col. Joseph P. Heuer III. The award set includes an enclosed American Flag, a Welcome Home Warrior Flag, a Warrior Citizen Coin and two lapel pins. The awards were presented by Col. Adam Reich, Task Force Edison commander.

International support

(continued from page 1)

When the United States and its international partners put their heads together to address

new ways to approach their common challenges, "everyone wins," Ozolek said. "We get access to new perspectives on

how to solve these operational problems we are facing," he said. Through information sharing, "we get access to new ideas in experimentation, coming from different cultural perspectives."

This expanded access to "intellectual capital" opens the door to more potential solutions and shortcuts the path to reaching those solutions, Ozolek said. In many cases, it also reduces the cost involved, he said. During the conference, for example, participants learned about an innovative model the Danes are using to improve their interagency operations that Ozolek said "goes far beyond" current U.S. approaches.

Similarly, French participants in the conference shared creative ideas their government is using to improve strategic planning for interagency operations, he said. While the United States benefits directly from perspectives offered by its partners and allies, it also benefits through sharing its own expertise, Ozolek said.

"Every time we improve their capacity for conducting experiments and developing concepts and building capabilities, we improve our own," he said. "By increasing the ability of our partners to use experimentation and concept development to transform their own forces, we have advanced the art and science of experimentation."



NEIGHBORHOOD

THE CORNER

Day of Caring happening today

The Fort Dix Day of Caring will kick off with a pizza party Nov. 3 at 11:30 a.m. in the Main Chapel and run until 4:30 p.m.

Day of Caring volunteer projects include putting together comfort kits for mobilized Soldiers, creating Quilts for Kids, landscaping a Providence House and senior-citizens' homes, organizing toys for Operation Santa Claus, and supporting School Age Services, the Child Development Center and the Main Chapel.

For more information, call Frances Booth, Army Volunteer Corps coordinator, at 562-3930.

Veterans Dinner Dance coming to Cherry Hill

The Fifth Annual Veterans Dinner Dance will be held Nov. 4 at 5:30 p.m. in the Cherry Hill Armory.

The invited guest speaker is Governor Jon Corzine. Special guests include actor and comedian Joe Piscopo, and Philadelphia Eagle stars Jon Runyan, Shawn Andrews and Vince Papale.

Proceeds benefit veterans, deserving families of the N.J. National Guard, and the N.J. World War II Memorial.

For more information, call (856) 354-2172 or send e-mail to www.citizens4victory.com

MOMS Club to host Shopping Extravaganza

The MOMS Club of Browns Mills will host a MOMS Shopping Extravaganza Nov. 5 from 1 to 4 p.m. at the American Legion Post 294. The event will offer the opportunity to check out local vendors and crafters, and the MOMS Club will also be holding a bake sale to raise funds to benefit local women's and children's charities.

305th Medical Group to open in November

The 305th Medical Group on McGuire Air Force Base will open Nov. 6 at 10:30 a.m. Medical care can be accessed by calling 1 (866) DR5-APPT.

Post Thrift Shop ready for holiday shopping

Visit the Fort Dix Thrift Shop for all your clothing, household and gift-giving needs! We have a great line of new tile coasters, magnets, greeting cards, and jewelry that are perfect for those last minute gifts or to begin your Christmas shopping.

Of course, we continue to take consignments and graciously accept donations. Our regular business hours are:

- Tuesday and Thursday from 10 a.m. to 2 p.m.
- First Wednesday from 4 p.m. to 8 p.m.
- First and Third Saturdays from 10 a.m. to 2 p.m.

Call 723-2683 for more information.

Officers Association to hold Career Boot Camp

Active-duty military spouses and family members are invited to attend a free Career Boot Camp - to assist those who are preparing to enter or reenter the workforce - Nov. 4 from 9 a.m. to 3 p.m. at Henderson Hall in Arlington, Va.

The Military Officers Association of America (MOAA) is sponsoring this free Career Boot Camp, designed to prepare the military spouse with the information needed for a successful career search.

Those interested can register at https://www.operationhomefront.net/moaa_form/. Pre-registration is required as space is limited. For more information, call (703) 614-6828 or e-mail moaspouse@moaa.org.

Rec center offers Internet access

The Fort Dix Recreation Center, bldg. 5905 Doughboy Loop, has several computers with Internet access. For info call 562-2808.

Cadets from the Pemberton Township High School Junior Reserve Officer Training Corps attended this year's Army Family Action Plan conference at the Main Chapel Oct. 26 to discuss issues and their solutions. The cadets are, from left, Tylisha Rooks, Amanda Williams, Tyler Schilling and Chris Gallet. Not pictured is Cadet George Colon.

photos by Veverly Wakefield



Youth bring new view to conference

The Army Family Action Plan conference held Oct. 26 at the Main Chapel got a new view on issues this year.

This year's conference, for the first time, had a youth group to discuss issues concerning the youth of Fort Dix, McGuire Air Force Base and surrounding communities. They were tasked to brainstorm and compile some issues and solutions to those issues. The group then presented the issues to the command.

One of the issues discussed was the early closure of the checkpoints causing new, inexperienced drivers to have to travel a less-familiar highway causing a safety issue. Lt. Col. Roger Cotton, deputy installation commander, thanked everyone for their attendance at the closing of the conference and stated that there were many issues discussed at the conference, some issues can be resolved other will take time and funds. This does not mean the issues are not valid, he said, and the command will try to resolve these issues.

Cotton especially thanked the young adults for participating and was glad to see their attendance at the conference.

Army Family Action Plan (AFAP) consists of military members and their dependents, civilian employees, and retirees who all work on post or use the many installation services that are available.



Team Dix members discuss issues during the Army Family Action Plan conference held Oct. 26 at the Main Chapel.

The conference is held yearly to review issues that are submitted to workgroups tasked to create a solution for the issues, which is then presented

to the command leadership for further review. Subject-matter experts were present to answer technical questions to help groups make reasonable solutions.

All the issues that we discussed at the conference by the workgroups will be published at a later date in the Post newspaper.

Civilian award nominations now being accepted

It's that time of year again where supervisors get to give special recognition to their civilian employees at the Fort Dix Holiday Party Dec. 8.

Following are some of the more important items to consider before nominating an individual:

- The competition is open to all Fort Dix employees (Appropriated Fund - federal civil service, and Non-

Appropriated Fund - NAF) who are serviced by the Fort Dix Civilian Personnel Advisory Center (CPAC).

- Two award categories exist for civilians: Civilian of the Year and Civilian Supervisor of the Year (must be a bona fide "supervisor").
- The award nomination period is one year beginning Oct. 1, 2005, and ending Sept. 30.
- Award selection criteria: To be considered for this award, the accomplishment of the employee or supervisor must be notably significant and must demonstrate positive contributions to the mission and the goals of the Department of the Army during the award nomination period. The nominees must stand out as "model workers" among their peers, and represent

the ideals and values of the Department of the Army. Criteria is fully described in paragraph 4c(2) of the policy.

Nominations should be submitted by Nov. 9 directly to the CPAC, attention: Elizabeth Burrow, Human Resources Specialist, Building 5418, 3rd Floor, Room 303, Delaware Avenue. Do NOT leave nomination packages at post headquarters, Bldg. 5417.

Chapel kicks off monthly Men's Issues Forum

Wayne Cook
Public Affairs Staff

Soldiers, Airmen, officers, enlisted, men, women, military and civilians - many demographic groups were represented at the first Men's Issues Forum held at the Main Chapel Oct. 23. The event was the first in what is planned to be a continuing series of forums to help all members of the community to become aware of and know how to deal with issues that men may face.

The main topics for this month's forum were female domestic abuse (abuse of the male partner) and abuse of systems in place to protect individuals from domestic violence, both military and legal. Hosted and organized by Capt. James Marques, the idea of a Men's Issues Forum was birthed two years ago when he decided to act on his passion to see fairness in the system for men and women alike concerning domestic violence and men's rights.

Marques initially approached Betty Kuznick, the former Family Advocacy Program Manager (FAMP), about doing something to bring awareness of men's issues to the community. He then mobilized to Iraq for a year, and upon his return to Fort Dix he spoke with Tina Harris, the current FAMP, and gained her full support.

He then took steps to enlist the support and aid of other organizations, including the Staff Judge Advocates' Office, Department of Police, Army Community Service, post chaplain, post command staff, Providence House, and others.

His vision includes getting the word out to all members of the Fort Dix-McGuire-Lakehurst community. Marques believes it is just as important for women to be aware of men's issues as it is for men because women are intricate members of men's lives and relationships. He wants to let men know that it is okay to let others know when they have been a victim and need help.

The driving purpose behind Marques' passion is his desire to get information out to the whole community about the harmful consequences of domestic violence in the military home and the rampant abuse of the system that is in place to protect victims of domestic violence - both men and women.



Wayne Cook

Tina Harris, FAP manager, briefed members of the joint megabase on men's issues including types of male abuse, who is a victim, what can he do, and other topics related to domestic abuse against men during the first Men's Issues Forum at the Main Chapel Oct. 23.

"My goal is empower people to protect themselves, not victimize them," said Marques.

The evening's first speaker was Tina Harris, who spoke on the types of abuses on males, about who is a victim, what options are available to victims, abuse reporting procedures and other topics related to the program.

She was followed by Matt Bloomberg, a criminal investigator with the DoD Police, who shared on what is self-defense. What a victim can and cannot do within the span of the law. He also spoke about the problem of false reporting of domestic violence, fictitious reports, false statements (sworn statements), and perjury.

Bloomberg told the audience that DoD Police policy is to remove the military member from the home during domestic disturbances if necessary. He said it is easier to find a room for them on the base if they have to be removed. The purpose behind the policy is to protect everyone involved, which is the ultimate goal.

Lt. Col. Wallace Vitez, deputy mobilization staff judge advocate, closed out the briefings by informing the attendees of the Lautenberg Amendment which states that anyone who is convicted of a misdemeanor crime of domestic violence cannot ship, receive, or possess firearms or ammunition. If they do so, they are guilty of a felony.

There are no military or law-enforcement exceptions to the Lautenberg Amendment. Any Soldier convicted under this amendment will lose his or her career because they can no longer qualify on or have in their possession military weapons, which precludes them from mobilizing and carrying out their ultimate task, which is to defend the nation.

In the colonel's opinion, the amendment doesn't make sense, and he says the only way for it to be changed is if the citizens of this state and country force it to be overturned in Congress. Until then, he recommends anyone who is involved in a domestic violence situation get in touch with a lawyer or the judge advocate's office immediately to find out what are their legal rights and protections.

By the end of the evening, a lot of information had been shared and one member of the audience felt that not only he, but also his son, had benefited from the forum.

"I wish that more men would have shown up to benefit from all of the great briefings available. I don't think most men buy into the idea of male domestic abuse. Just to come to a forum like this to get the information to share with others, even if it doesn't apply to you, is helpful," said Master Sgt. Robert Day of the McGuire Air Force Base Non-commissioned Officers Academy.

Cultural Differences Between Men will be the subject for next month's forum to be held at Chapel 5, Nov. 13. Each month will feature a different topic dealing in men's issues.

For more information call Capt. James Marques at 819-9022.

DoD Task Force ponders crackdown aimed at irresponsible POV drivers

Kim Sears
Special to American Forces Press Service

WASHINGTON, Oct. 31, 2006 — Servicemembers could expect stricter consequences for engaging in unsafe behavior behind the wheel if changes suggested by a Defense Department safety task force are implemented.

The Private Motor Vehicle Accident Reduction Task Force is looking at changing how the services handle driving infractions to help reduce the death and accident rates of military men and women when operating their own vehicles and motorcycles.

Maj. Gen. David Bice, inspector general of the Marine Corps and chairman of the task force, said for irresponsible drivers this would mean facing real consequences that could affect personal and professional lives, including losing the ability to be promoted and forfeiting driving privileges on base.

"Much has been done to educate people about what can happen if they are irresponsible behind the wheel. However, there are too many people that hear the message, but don't heed it," Bice said. "While education on this issue is still important, the PMV task force believes tightening enforcement practices will be the most effective way to bring about change. We are looking at ways to improve the department's enforcement system and make it clear the military is serious about safety both on and off the base."

In a June 22 memorandum, the Defense Secretary Donald H. Rumsfeld reiterated his directive to reduce all safety-related incidents within DoD by 75 percent by the end of fiscal 2008. The PMV task force is one of eight safety task forces under the Defense Safety Oversight Council, which was created to find ways to meet that goal.

To gain a greater understanding of current law enforcement procedures, the task force began examining how each service handles driving infractions and the maintenance of driving records.

"What we have found are a lot of inconsistencies — not just between services, but within them as well," Bice said. "The department lacks a centralized system that allows for the sharing of driving data and sanctions between services and installations. The task force is looking at ways to put such a system in place that also includes information sharing with local (motor vehicle departments). We want to create a commanding-officer environment off base, so troops know they are responsible for their actions no matter where they go."

John Awtry, director of law enforcement policy and support at DoD and a member of the task force, said an integrated system would allow law enforcement to draw on comprehensive driving record information, giving installation commanders the ability to make more informed decisions about driving privileges.

"Having integrated electronic data would speed the process for taking positive action

against individuals who would still be driving with the current inconsistencies in driving record information and data sharing," Awtry said.

The PMV also is evaluating a variety of other factors to determine the best ways to prevent private motor vehicle related deaths and accidents including, driving trends for 18- to 25-year-olds, the top causes of accidents, and leading indicators, or behaviors, that predict who is most susceptible to being involved in an accident.

Renee Reitz, a psychologist overseeing the development of a Driver Behavior Assessment Tool, or DBAT, for DoD, said choice is what links all other variables leading to car crashes.

The DBAT is a computerized questionnaire that assesses how servicemembers' personal attitudes and beliefs are related to involvement in vehicle crashes.

"I am a firm believer that choice is the key to safe driving," said Reitz. "The work of the DBAT research team is focused on pre-identifying servicemembers who are likely to make unsafe driving choices based on the 'self' they put behind the wheel. We want to help servicemembers recognize their own tendency to make unsafe choices while driving."

The task force plans to submit its suggestions to the DSOC, chaired by David S.C. Chu, undersecretary of defense for personnel and readiness, by February.

"We are trying to build on the good work already being done by each of the services so we can preserve our most valuable resource, which is our men and women," Bice said.



Army tackles accidents

(continued from page 1)
mil/home/ by anyone with an AKO login. Once on the Web site, users click on "POV Risk Assessment Tool (ASMS-2)" then on "Login (AKO)" where they will be prompted to enter their AKO username and password.

First-time users will then be asked to create a personal profile.

The next step is planning the trip, at which point users will be asked to input information such as what kind of POV they're driving, what kind of medication they're taking, how much sleep they'll have before their trip, their age, and the start and finish points of their trip.

The program then generates a risk-assessment graph, a map of the trip, written directions for the trip, and brief narratives of accidents that occurred during trips sharing similar parameters.

Advice is also given on how to lower the risk for that particular trip.

Finally, the assessment, map and directions can be

printed out along with the Soldier's leave form. Each assessment must also be submitted to the user's supervisor for review.

"I view the supervisor review of a Soldier's trip plan as the critical ingredient to risk reduction," explained Macdonald.

Once the assessment has been reviewed, it should be e-mailed to the IMCOM Safety mailbox at 1MASafety@hda.army.mil along with the supervisor's comments.

"I want each of you to become familiar with this tool, and am very interested in your feedback regarding its utility toward protecting our Soldiers, as well as its value in using it with civilians," said Macdonald.

"I ask that each and every one of you look for opportunities to build this culture (of safety) in all our Soldiers, employees and contractors."

(Editor's note: Information for this article was taken from a USACRC Public Affairs article and numerous public safety sources.)

Stay tuned to Channel 2
WDIX TV
for the most current
weather updates

Promotions, awards abound for Team Dix



Veverly Wakefield

Five Soldiers from the Fort Dix Noncommissioned Officer Academy, left, were promoted to first sergeant in a ceremony held Nov. 1. They are, from left, Sgts. 1st Class James Brown, Reginald Thomas, Mary Knight, Jason Lehman and Timothy Hecker.



Shawn Morris

Col. Adam Reich, Task Force Edison commander, above left, presents a coin of excellence to Staff Sgt. Fredrick Johnson, above right, the Task Force Edison NCO of the Year.



photos by Shawn Morris

Task Force Edison Soldiers Maj. Peter Mucciarone, left, and Maj. Anthony Rockemore, above, receive the Army Achievement Medal from Col. Adam Reich, Task Force Edison commander.

Henry Melon-Lopez, HRM director, far left, presents Raymond Reyes, customer service representative, with a Chenega Certificate of Appreciation and a coin Oct. 26. Reyes was recognized for processing more than 2,296 customer action as well as for his day-to-day enthusiasm.

Carolee Nisbet



Jennifer M. McCarthy



MILITARY MATTERS

Wounded Warrior Symposium aids injured Soldiers, families' recovery

Matt McFarland
Pentagram staff writer

Some of the wounds are still healing. Some losses, like limbs, can never be replaced. At the Army's Wounded Warrior Symposium in Arlington this week, 55 severely injured Soldiers and their families opened up about the most painful, trying events of their lives.

They can empathize with Soldiers who may find themselves on a gurney with a bloody stump, or wake up in a hospital bed with a breathing tube shoved down their throat. There isn't bitterness or anger, just ideas of how a difficult road could be a little smoother.

The Army Wounded Warrior Program helps severely wounded Soldiers and their families resolve problems and overcome obstacles they may encounter.

The intent of this symposium — the second one in the last six months — is to understand and prioritize these issues as families navigate the maze of benefits throughout hospitalization, recovery, rehabilitation and transition back into the Army or their civilian community.

The two year old program started with only five employees and has grown to more than 60 employees, with Soldier family management specialists at major military installations, military treatment facilities and Veterans Administration medical centers. More than 1,400 wounded warriors and their families are served.

Staff Sgt. Johnathan Holsey, who lost part of a leg in Iraq, criticized the program for not being proactive about alerting

Soldiers of services.

"You've got younger Soldiers who don't really know and are not as proactive, and they don't really know about much. And they don't really care because they just want to get out," Holsey said.

Army Wounded Warrior Program Director Col. Mary Carstensen acknowledged the young program is transitioning from a reactive to a proactive unit.

Families are now assigned Soldier family management specialists, essentially personal assistants who help manage the many services government agencies offer.

Holsey spoke warmly of his time at Walter Reed Army Medical Center. "Everything you could have ever needed, anything you thought you needed, they made sure it was there for you."

Like many Soldiers with new prosthetics, he wondered how active and athletic he could be, with his left leg amputated below the knee.

Before the injury Holsey could run two miles in 13 minutes. At Walter Reed, he decided he would run two miles in 14 minutes.

Three days a week at the hospital's track a therapist would run behind him, shouting suggestions of how Holsey could sharpen his new stride.

For motivation, Holsey, 32, set his sites on a 23-year-old who was running within four months of his own injury. Holsey still keeps in touch with the younger Soldier who now serves at Fort Stewart.

Holsey isn't looking to leave the Army. In fact, a second tour

in Iraq wouldn't bother him.

He recently reported to basic non-commissioned officer course. At weigh-in Holsey noticed his peers eyeing his leg. The stares didn't bother him. "I made people comfortable, I would say stuff like 'I'm gonna put my other leg on later,'" Holsey said.

He has four. Each with a specialty: swimming, running, walking or high-impact. The high impact leg is his favorite. "You walk on it, play ball on it, tennis, it's an everyday leg,"

Holsey said. He said he is as active now as before the injury.

Dressed in a suit and tie, 1st Lt. David Folkerts talked openly about his journey back from the IED that blew him 20 feet into the air, then left him in a pool of blood. "I was squirting out like a sprinkler," Folkerts said.

The success of the symposium depends on the Army's ability to listen to and make changes based upon Soldiers' input. That will require the active participation of many organizations and agencies.



Pascual J. Flores

Lights just right

The Small Arms Readiness Group's Sgt 1st Class Andy Knot, First Team leader, puts the finishing touches on a wooden humvee. Knot, along with Sgt. 1st Class Scott Paradis and Sgt. Jack Norris, built it as a training aid to help deploying Soldiers.

Bullets

Reactivation can cost families TRICARE Prime coverage

● **FALLS CHURCH, Va.** — The families of National Guardsmen and Reservists enrolled in TRICARE Prime under the Transitional Assistance Management Program (TAMP) are automatically switched to TRICARE Standard when their sponsors are recalled to active duty. But new rules allow them to keep their Prime coverage when they re-enroll up to 30 days after the sponsor's activation.

TAMP offers TRICARE Prime coverage for 180 days to some service members leaving active duty and their eligible family members. But if National Guard or Reserve members are recalled to active duty during TAMP, they and their families lose their TAMP coverage and family members are disenrolled from TRICARE Prime.

In the Defense Enrollment Eligibility System (DEERS) these family members revert automatically to TRICARE Standard. Before the new policy, even if the service member reenrolled the family members right away, TRICARE Prime coverage did not start right away. For example, enrollment after July 20 would reinstate Prime coverage beginning September 1.

"That situation could cause a break in coverage, which seemed unfair to our National Guard and Reserve family members," said Army Maj. Gen. Elder Granger, deputy director of TRICARE Management Activity. "So we've changed the policy to allow for a seamless transition from TRICARE Prime coverage under TAMP to the same coverage as an active duty family member."

The new policy authorizes a 30-day retroactive TRICARE Prime enrollment period for transitioning family members. As long as the family gets reenrolled in TRICARE Prime within 30 days of the member's reactivation, Prime coverage remains unchanged, with coverage back to the date the sponsor was recalled to active duty. A TAMP fact sheet explains details of this policy. It can be accessed at www.tricare.osd.mil.

Military Children scholarship program opens for 2007

● **FORT LEE, Va.** — Gas prices are biting into the family budget, interest rates are rising, and college tuition is outpacing inflation. At least some relief is in sight for military families as the Scholarships for Military Children program opens for 2007. Applications for the \$1,500 scholarships are available at 264 commissaries worldwide or can be downloaded through links at <http://www.commissaries.com>, <http://www.militaryscholar.org>, or <http://www.dodea.edu>.

The \$1,500 scholarships are available for children of military active-duty, retired, and Guard and Reserve service members.



SAS kids splashing around for fitness

Ed Mingin
Public Affairs Staff

Children from the Fort Dix School Age Services (SAS) program spent the afternoon at the indoor pool. They played tag, did the limbo, played volleyball and had relay races.

The last thing on their mind was exercise, but that was what the program was all about.

"What is great about the pool is it's such a workout and they don't even think about that. For them, it's just fun. They look forward to coming here," said Stephen Wilkes, assistant director of Youth Sports.

"Most of them know how to swim. It's not swimming lessons. It's set up kind of as a

fitness and aerobics class inside the pool. They play games and have relays. They don't really even realize how hard they're working and how much exercise they are getting," he said.

The eight-week program has been running since September, and will continue through the end of this month. When the swimming program is over, Wilkes is looking to introduce the kids to some other fun activities.

"I'm hoping to do something at the bowling center. We have to introduce them to different sports and activities. I'm in the process of putting that together," he said.

In the past, the kids have participated in a variety of activities designed to keep them active

and entertained.

"We did a golf program last year for the teens," said Wilkes. "They were out with Bill Lyons, the golf pro at the golf course. We also did racquet ball with Jim Armstrong. We get a lot of help from everyone. They all chip in and lend a hand, and give their expertise to the kids."

The swimming program is under the direction of Hiram Rodriguez, a lifeguard at the pool. Rodriguez uses a mixture of humor and fun activities to keep the kids interested.

"The kids call him Mr. Ram. He's a great guy. We had him with the teens last year. They really liked him. He's great with the kids. He's got a lot of patience. They love him," said Wilkes.



Ed Mingin

SPLISH SPLASH -- Nicole Malinverni and Brittny Chilcoat, above, play volleyball at the Fort Dix indoor pool. The program is designed to provide fun activities for SAS kids, introducing them to various sports and exercises.

Chargers gearing up for homecoming game



Ed Mingin

HEEDING THE CALL -- Jason Call, above, had to fill in at quarterback for the Mitey Mites at the end of the Riverside game. Call is the team's third QB this season.

Ed Mingin
Public Affairs Staff

This Sunday will be the homecoming game for the Fort Dix Chargers, and the last game of the regular season.

The Peewees have continued to dominate their opponents, and beat Riverside 33-0 this past weekend, improving their record to 6-2.

Establishing their dominance from the first play of the game, the Peewees never looked back. Brandon Hawkins put the Chargers on the board with a 40-yard run for a touchdown. Anthony Shoffner extended the lead on the Chargers next possession, scoring on a 30-yard run.

Competitive players ask for more involvement, and the Pee-wee players are no different.

"John Cotton asked me, 'Coach run Gold 4,' which is an end around play where he gets the ball," explained head coach Steve Uzleber. "I said, 'OK, just make sure you take it outside.' Like the good player he is, he followed his instruction and ran for a 35-yard touchdown."

The Chargers led 20-0 at the half, and picked up where they left off when the game continued. Recovering an onside kick

to start the second half, Brandon Hawkins scored his second touchdown on the next play.

Not wanting to run up the score, Coach U rested his starters and put in his Pink Offense. But as the coach, and the Riverside defense discovered, getting a handle on the Pink Offense was not an easy task.

"There is no controlling the Pink Offense," said Uzleber.

"Anthony Elliott took the ball down to the 1-yard line. Not wanting to score again I told Joseph Oswald, our back up QB, to just run a QB sneak four times. Riverside stopped us on the one and regained possession of the ball."

Riverside took control of the ball deep in their own territory. Hoping to get away from their end zone, Riverside tried to pass, but it was intercepted by Isaiah Wilson, who returned the ball for the Chargers final touchdown.

"Our game plan for Riverside was to run a no huddle, no count offense," said Uzleber. "Thanks to the hard work of Coaches Cromwell, Oswald and Hernandez the Chargers ran it to perfection. The players had to memorize all their plays by color code and they did it with no mis-

takes."

The Peewees have been on fire this season and hope to continue their winning ways at this Sunday's homecoming, when they play Hamilton East. The Peewees played Hamilton East earlier this season, winning 16-0.

While the Chargers have only lost two games, they really got things rolling after beating New Egypt in the fourth week of the season. It was the second time the two teams had met, with the Warriors taking the victory in the first game.

"After our upset win in New Egypt I bought the team lightning bolts for their helmets. Since then, they have played Charger football," said Uzleber.

Many players on this Pee-wee team were on the undefeated Mitey Mite team two years ago. Maybe the lightning bolts are just what the team needed to get back to its dominant ways.

"In eight games the Pee-wees have out scored their opponents 141-35. The defense has not been scored on in five straight games," said Uzleber.

The Mitey Mites almost got their first win this season, but lost 13-6 against Riverside. The Mitey Mites are playing without quarterback Terel Grant, who is

out for the season. Sean Hogg's has filled in since Grant's injury, and has played well.

This could have been Hogg's break-out game, as he had the Chargers poised for victory. Leading the team with over 100 yards, Hogg's scored on a 60-yard touchdown.

Other players on the team have been playing well, though many of them at new positions.

"Derrick Hudson, in only his second game at fullback, grinded out the tough yardage up the middle and really listened to me. [He] buried his shoulders and got extra yards by using his power and strength," said head coach Andy Middleton. "We put Shane Zendrosky in at wing-back, a new position for him, and he had an amazing game and picked up some key blocking."

Trailing late in the game, the Mitey Mites nearly pulled off a victory in the closing seconds.

"After one of Sean Hogg's long runs, we were down inside the 10 yard line with 20 seconds left in the game. We were almost able to tie the game when Hogg's threw a pass where his hand hit the helmet of a Riverside player, taking him out of the game. The clock kept running, so with about 15 seconds left Jason Call hustled in as QB and ran a bootleg, but got hit behind the line of scrimmage. It was a good comeback and we almost tied the game," said Middleton.

The Mitey Mites have struggled to stay healthy this year. Call is the third quarterback this season, with both Grant and Hogg's out because of injuries.

"The players have had a rough season with many injuries and some coaches leaving throughout the season, but we've created a bond now and really became a team. They've learned so much, improving every week, and they played very hard this game," said Middleton. "I'm very proud of them!"



Announcements



Movie Schedule at the McGuire AFB Theatre

Movie Hotline 754-5139

Friday, Nov. 3 @ 7:30 p.m.
Jet Li's Fearless - Jet Li, Betty Sun - Martial arts legend Huo Yuanbia became the most famous fighter in all of China at the turn of the 20th Century. Huo faced incredible personal tragedy but ultimately fought his way out of darkness and into history, forever defining the true spirit of martial arts. His self-discovery, and the choices he made, inspired his nation. **MPAA Rating: PG-13, Run Time: 103 minutes.**

Saturday, Nov. 4 @ 7:30 p.m.
Jackass: Number 2 - Johnny Knoxville, Bam Margera - Johnny Knoxville and crew return for more antics, stunts and incredibly dumb and hilarious tomfoolery. **MPAA Rating: R, Run Time: 92 minutes.**

Future Features...

The Guardian
Friday, November 10 @ 7:30 p.m.
PG-13, 135 min.

Open Season
Saturday, November 11 @ 7:30 p.m.
PG, 100 min.

Main Chapel

562-5791/562-2020

Sunday services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. **Gospel** at 11:30 a.m.
Catholic CCD is held at 9:15 a.m.
Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services

Islamic Prayer Services
held at noon, Monday through Thursday - Room 24
Adult Bible Study
Wednesdays at 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel
hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

Jewish Services
Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDOUSH Fellowship

Chapel 5 (Bldg. 5950) 562-4847

Memorial Prayer Service for Our Soldiers
5:45 p.m. each Sunday
Computer Room: Mon. - Fri.
9 a.m. - noon / 2-4 p.m. and 5-8 p.m.
Infant Baptism and Lutheran Confirmation
Instruction by appointment

Organizations

Retiree Council seeks issues

The Fort Dix Retiree Council consists of retired service members and serves to provide the installation commander with insight into vital issues and concerns facing the retired Army community. The council meets quarterly to address any issues submitted to or by its members. Issues may be submitted in writing throughout the year to to Faye Marshall-Dease, Retirement Services Officer, ATTN:INME-DIX-HRM, 5418 South Scott Plaza, Fort Dix, NJ 08640-5089.

Black History committee

The Fort Dix Black History Observance Committee needs volunteers. If you are interested in serving on the Black History Observance Committee, please call Fay Marshall-Dease at 562-2666. The first meeting will be held Nov. 7 at 1 p.m. in the HRM Conference Room in the basement of Building 5418, Center Wing. Please contact Fay at 562-2666, if you plan on attending the meeting.

Civil Air Patrol membership

Civil Air Patrol is a vital organization that prepares our youth morally, physically and mentally as leaders of tomorrow. By providing leadership training, technical education, powered and non-

powered flight orientation, scholarships and career education for young people (12-18 yrs). We are looking for adult and cadet members who want to make a difference in their personal lives while contributing to a strong America. Call Maj. Michael Sperry at 609-239-4616 or email at msperry1@comcast.net.

County WIC Program available

Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna. The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

Family Advocacy

562-5200
Chaplain
562-5721/2020
American Red Cross
562-2258
Army Emergency Relief
562-2767

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

November Schedule

Nov. 4
Midnight Basketball
7:00 - Midnight

Nov. 9
Self-Directed Activities

Nov. 10
Closed
Veteran's Day

Nov. 11
Bosu Aerobics
4:00 - 5:30 p.m.

Nov. 18
Keystone Thanksgiving Potluck
4:00 - 6:00 p.m.

Nov. 23-26
Closed
Thanksgiving Holiday

Mondays - Fridays
Power Hour
2 - 4:30 p.m.

Computer Lab
4:30 - 6:30 p.m.
(except Oct. 19, 5 - 6:30 p.m.)

Tuesdays
SMART Moves
3:45 - 4:45 p.m.

Wednesdays
Sports and Fitness
3:35 - 4:45 p.m.

Thursdays
Tech Club
3:45 - 4:45 p.m.

Fridays
Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

MOBILIZATION NEW YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday - 7 a.m. to 10 p.m.
During the day *Star Tour* buses are used.
In evening the military *Bluebird* buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

754-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge

Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Dining Facilities

NEW HOURS

Bldgs. 5640 and 5986
Mon - Sun 5:30 to 7:30 a.m.
723-1541
Mon - Sun 11:30 a.m. to 1:15 p.m.
Dinner Mon - Sun 4:30 to 6:30 p.m.
Bldg. 5517
Breakfast Mon - Sun 6:30 to 8:00 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:00 p.m.
Dinner Mon - Sun 4:30 to 6:00 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Java Cafe @Club Dix

723-3272
Monday - Tuesday - 6 a.m. to 1:30 p.m.
Wednesday - Saturday - 6 a.m. to 10 p.m.
Sunday - noon- 5 p.m.

McGuire Gas Station

723-4705
East Arnold Avenue by th 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Burger King

723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Fort Dix Post Office

723-1541
6038 West 9th St.
Monday to Friday - 8:30 a.m. to 4:30 p.m.
Saturday - 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.



Army team dominates 2006 Ironman competition

Michelle L. Gordon
Army News Service

FORT CARSON, Colo. - The Army once again this year took top honors in the Military Division of the Ironman World Championship in Kona, Hawaii, Oct. 21.

Most Soldiers consider themselves to be strong, but those chosen to compete this year

needed more than physical strength to win. They needed to be Army Strong.

"Everyone shows up physically prepared," said team member Lt. Col. Heidi Grimm. "So going in we knew the most important aspects to focus on were nutrition management, the climate and how we were going to respond to the mental challenges."

Every year each service

sends a team composed of three men and one woman to the annual event, and even though Grimm was honored to be part of the team, she knew there would be extra pressure to win this year because the Army took top honors last year.

"We had to maintain the team trophy and we knew the Air Force brought a strong team," she said. "We also knew they would probably be our biggest

contenders, which they were."

Grimm began preparing for the race weeks in advance, setting minimum standards for what she wanted to accomplish each week in order to be successful.

However her training could not prepare her for the unexpected.

"Within the first 50 meters of the swim I was kicked in the face and the left side of my gog-

gles broke," Grimm said. "There were 1,700 competitors in the water so it was crowded. I didn't realize I had a gaping hole in my goggles until the next day. I just knew the seal kept breaking and I had to swim another two miles in the ocean with only one eye."

Grimm's broken goggle was not the only misfortune team

Army faced during the race. Her teammates had struggles during the bicycle portion.

"[Maj.] Mike [Hagen] had mechanical problems with his wheels and [Maj.] Matt [Lorenz] had two flat tires," she said. "We lost some time, but it's all part of the mental game; and going in you have to tell yourself that something is going to happen to everyone. It's all in how you handle it and soldier on."

Despite their challenges, Grimm attributes team Army's win to teamwork.

DIX DISHES HALLOWEEN TREATS



photos by Shawn Morris



Shawn Morris

Spc. Mark Chambers of the Army Reserve's 303rd Military Police Company, above center, has a happy Halloween at Forward Operating Base Tiger, courtesy of pirates Angela Gaudin, left, and Jennifer Scannell, right, both TLC contract employees with Alpha Company, Mobilization Readiness Battalion (MRB). Several MRB Soldiers and civilians were on hand to make Halloween a little more "treat" than "trick" for Soldiers undergoing mobilization training at Fort Dix. The MRB personnel had a good time raising spirits and visiting old haunts as they reprised this past year's visit to the FOB.

The Mobilization Readiness Battalion held its Halloween party at the Bravo Company Chapel Oct. 26. Enjoying the festivities are Maj. Ana Callahan, Bravo Company commander and Devil bride, top; 1st Sgt. Lisa Youngsang, Alpha Company first sergeant and heart doctor, and Staff Sgt. Talanta Clarke, HHC personnel admin NCOIC and pirate, above; Sgt. 1st Class Merrill, HHC's brain-eating first sergeant, above right; and Capt. Mitchell Wisniewski, Alpha Company commander and superhero, right.

courtesy photo



Fort Dix Fire Capt. Len Dotson, right, picks up candy to stuff into one of 250 treat bags members of the Fort Dix Safety Team and other volunteers created to give to Trick-or-Treaters.

Jennifer M. McCarthy



photos by Ed Mingin

Soldiers and civilians turned out in droves – and costumes – for the Halloween edition of the Installation Run Oct. 31. The two-mile run was led by several high-speed Soldiers, including 1st Sgt. Lisa Youngsang, Alpha Company first sergeant, Mobilization Readiness Battalion, far right. Keeping up with the formation was 11-year-old Micah Cotton, son of Lt. Col. Roger Cotton, deputy installation commander, right. The Installation Run is typically held on the last day of the month.



photos by Ed Mingin

Karen Reyes, above, carves her Jack-o'-Lantern during the International Spouses Club meeting Oct. 27 at Army Community Service, while Layla Rodriguez, right, wins the prize for best costume at the Indoor Pool Halloween Parade Oct. 26.

